

# WINTER WAGGIN' FUN

*Your pup's Winter Getaway starts here!*

C°	F°	Small	Medium	Large	Other Factors
15°	60°	1	1	1	+2 For Wet Weather
12°	55°	1	1	1	
10°	50°	2	1	1	
7°	45°	2	2	1	+1 If less than 6 months or elderly
4°	40°	3	3	2	
1°	35°	3	3	3	
-1°	30°	3	3	3	
-4°	25°	4	4	3	-1 If used to cold weather
-7°	20°	5	4	3	
-10°	15°	5	4	4	
-12°	10°	5	5	5	-1 For northern dog breeds
-15°	5°	5	5	5	
-17°	0°	5	5	5	

  

1	No known risk
2	Risk unlikely
3	Potentially dangerous
4	Dangerous weather, use caution
5	Potentially life-threatening

\*Adapted from The Tufts Animal Care and Condition Weather Scale

## HOW COLD IS TOO COLD?

*We want all pups to have a fun and safe time playing. This means limiting outdoor time when it's cold. Check out the graph we use to determine how much time is safe for the pups!*

*While staying at the resort, pups will go out for potty, then enjoy play in our indoor gyms and gated lobby area.*

*You are more than welcome to bring a jacket or purchase one at check in!*

## WINTER ESSENTIALS

*\*Shovel: Most pups dislike the feeling of snow on their bellies when going potty. Use a shovel to clear a small path for your pup to use the restroom.*

*\*Boots: Snow often clumps up between the toe pads and can be highly uncomfortable. Most pups will appreciate some boots to keep their toes nice and warm.*

*\*Jacket: If your pup has medium/short fur, they'll likely enjoy the extra warmed that a doggy coat can provide. Check out the coats we have to offer during your next check in or gift one to a friend!*



# MERRY AND SAFE TREATS

## DO

- APPLES**  
Provide fiber, which can help with GI issues
- BANANAS**  
Provide magnesium, which promotes bone growth, and fiber
- BLUEBERRIES**  
Rich in antioxidants
- CARROTS**  
Low in calories
- CHEESE**  
Low in lactose and rich in calcium; keep to small amounts of plain cheese
- COCONUT WATER**  
Helps strengthen the immune system
- EGGS**  
Provide protein
- GREEN BEANS**  
Provide vitamin C, vitamin K and manganese
- PUMPKIN**  
Provides fiber and beta carotene
- RICE**  
Easy to digest for dogs who have an upset stomach
- SKIN-ON POTATOES**  
Provide vitamins C and B6
- SKIN-ON SWEET POTATOES AND SQUASH**  
Provide fiber and vitamins
- TURKEY**  
Provides highly digestible protein

## DON'T

- AVOCADOS**  
Contain persin, a toxin
- BAKING POWDER AND BAKING SODA**  
Toxic in large quantities
- CHERRIES**  
Contain cyanide, a toxin
- CHOCOLATE**  
Contains methylxanthines, which are toxic to dogs
- COOKED BONES**  
Present a choking hazard
- GARLIC AND ONIONS**  
Contain n-propyl disulfide, which is toxic to dogs
- GRAPES AND RAISINS**  
Toxic to dogs
- NUTMEG**  
Toxic in large quantities
- STUFFING**  
Contains a variety of toxic ingredients, like garlic, onions, raisins and nuts
- TABLE SCRAPS (TURKEY SKIN, FATTY TRIMMINGS)**  
High in fat, which can cause pancreatitis
- WALNUTS AND MACADEMIA NUTS**  
Toxic to dogs



If you're going to feed your pet small amounts of these safe foods, remember to keep treats under

*We know you want your pup to share in your holiday feast. We want that too! See the list to the left to know what is safe to share and what isn't.*

*To prepare for counter surfing season, teach your dog/refresh a solid "Leave it" command to prevent potential ingestion.*



## HOLIDAY PREP

*Here are some helpful hints for you and your pup this holiday season:*

- 1) Boarding your pup over the holiday? Be sure to give 2 emergency contacts. Contact your vet as well and give The Emerald Paw authorization if needed.**
- 2) Most decorations are toy-shaped so be sure to keep decorations out of reach**
- 3) Having family over? Make sure your pup gets plenty of exercise prior to their arrival. This will help them settle faster and decrease jumping on guests.**
- 4) Holiday Parties-be sure to create a safe space for your pet to retreat. Make this a comfy space with toys or even a lick mat!**

- 5) Use calming pheromone diffusers as a natural way to help your furry friend settle in.**
- 6) Gate off the tree area if your pup is likely to open everyone's presents early. After opening presents, pick up the wrapping paper as soon as possible to prevent ingestion.**
- 7) Get your presents from The Emerald Paw! We now have many items including jackets, toys, snuffle mats, and even Waunakee Warrior gear.**

*When making a purchase at check-in, our staff will hand wrap the gift of your choice and give it to you at check out.*



# ENRICHMENT ACTIVITIES

## CANINE enrichment

### WHAT IS CANINE ENRICHMENT?

Meeting an animal's needs similarly to how they would be met in the wild. It should empower an animal to engage in species-typical behaviors in healthy and appropriate ways.

### BENEFITS OF CANINE ENRICHMENT

- ↓ boredom-related behaviors
- ↑ intelligence & problem-solving skills
- ↑ feeling of satisfaction & fulfillment
- ↑ confidence & social skills ... & more

### TYPES OF CANINE ENRICHMENT

#### PASSIVE ENRICHMENT

##### AUDIO

- MUSIC
- AUDIOBOOKS
- DOGGIE TV / PODCASTS
- SOUND OF HOME

##### VISUAL

- TELEVISION / DOGGIE TV
- ROOM WITH A VIEW
- QUIET PARK OUTING
- CAR RIDE

#### ACTIVE ENRICHMENT

##### COGNITIVE

- GO TO MAT / BED
- GAMES LIKE SHELL GAME
- TARGET TRAINING
- OPERANT TRAINING

##### OLFACTORY

- SCENT GAMES
- SNIFFARI WALK
- HERB TRAIL
- SCATTER FEEDING

##### PHYSICAL

- GO FOR A WALK
- GO FOR A RUN
- FETCH / PLAYING
- DOG SPORTS

##### FOOD-BASED

- FOOD PUZZLES
- FORAGING GAMES
- STUFFED KONGS
- TREAT DISPENSERS

##### ENVIRONMENTAL

- OUTDOOR ACCESS
- CAR RIDES
- SANDBOX FOR DIGGING
- SWIMMING / POOL TIME

##### SOCIAL

- GO TO PARK / OUTING
- PET-FRIENDLY STORE
- HUMAN INTERACTION
- PLAY GROUP / CLASS

[www.dogcentriclife.com](http://www.dogcentriclife.com)

See the graphic to the left to learn more about why enrichment is so important and some ways to provide that enrichment for your pup.

Here are the options for enrichment at The Emerald Paw:

1) Nature Walks—we encourage “sniffari” nature walks. This allows the dog to decide which way to go based on where their nose takes them!

2) Solo Plays, Snuggle Time, Lobby Time— At The Emerald Paw, we observe what your pup enjoys most and then include that in their activity time. This can look like snuggling on the couch, throwing the tennis ball around, or hanging out with us in the lobby.

3) Enrichment/ Hide and Treat/ Kongs and Lick Mats— Both of these activities require the use of multiple senses and can be incredibly rewarding for the dog. These activities can be at a basic level and we can easily make them more challenging once your pup starts to catch on.

We find that dogs really enjoy these activities and help their stay become the most relaxing and enjoyable as possible. Add on any of these activities at check in!

